

DO YOU FEEL SAFE?

You have the right to be and feel safe from:



PHYSICAL ABUSE

No one should touch you in any way that physically hurts. This could include hitting, pushing, slapping, kicking or holding you back.



SEXUAL ABUSE

No one should touch you in a manner that makes you feel uncomfortable or upset. No one should make suggestive, sexual remarks to you.



EMOTIONAL ABUSE

No one should upset your feelings by taunting or teasing, either in person or electronically (e.g. text, email, social media etc).



RADICALISATION

No one should try to recruit you into joining an extremist group of any kind.



HONOUR-BASED ABUSE

No one should force you to marry against your wishes or to become a victim of Female Genital Mutilation (FGM).



BULLYING

No one should make you feel scared. They should not make you do anything that you do not want to do, either in person or electronically (e.g. text, email, social media etc).



DISCRIMINATION

No one should be treated badly because of difference in age, disability, gender, ethnicity, sexual orientation or religion. Difference should be respected.



NEGLECT

No one should upset your feelings by taunting or teasing, either in person or electronically (e.g. text, email, social media etc).



DOMESTIC ABUSE

No one should upset your feelings by taunting or teasing, either in person or electronically (e.g. text, email, social media etc).



CHILD SEXUAL EXPLOITATION

Anyone under the age of 18 is a child under the law. No one should encourage or force you to take part in sexual activities against your wishes for rewards e.g. money, gifts etc.

WE CAN HELP

Come to iZone or ask at Reception for Safeguarding or call us on **07946 713288** or **01279 868213**

email: safe@harlow-college.ac.uk You can do this directly or via the confidential e-mail button on Qube

You can also text **BESAFE** followed by a space, then your message to **07950 080613**

Don't forget to include your name and the issue(s) you're concerned about.

Students in the workplace - contact your supervisor or tutor.