## **AI** in College: A Quick Guide for Students

#### What is AI?

Artificial Intelligence (AI) means getting computers to do things that usually need human intelligence — like answering questions, solving problems, or understanding language. Many AI tools learn and improve over time, a bit like how we do!

#### **★** What is Generative AI?

Generative AI is a type of AI that can \*create\* things like:

- Fract (e.g. ChatGPT, Microsoft Copilot)
- P Images (e.g. DALL'E)
- Code (e.g. GitHub Copilot)

You give it a prompt, and it comes up with something new!

## **%** How Can AI Help You in College?

AI tools can:

- Explain tricky topics in simple language
- Help you get creative ideas
- Suggest ways to improve your writing
- Create practice questions
- Help with revision
- Example prompts:
- "Explain climate change like I'm 10."
- "Check this email for grammar."
- "Give me ideas for a recycling poster."
- Use AI to support your learning not do it for you!

## **NOT to Use AI**

Using AI the wrong way can get you into trouble at college. Here's what \*not\* to do:

- X Don't ask AI to write your assignments for you
- X Don't copy and paste answers and hand them in as your own

- X Don't rely only on AI to study
- X Don't assume everything AI says is 100% correct

### Bad prompt example:

"I have an assignment due. Can you write it for me?"

in This is plagiarism and breaks college rules.

#### **⚠ What AI Can't Do**

AI is cool, but it's not perfect:

- It doesn't really \*understand\* what it says
- It can make mistakes or even make things up
- **1** It can't give proper references
- 1 It might repeat stereotypes or bias

So always \*\*double-check\*\* what AI tells you.

## **✓** How to Use AI the Right Way in Assignments

If you use AI to help with your work, be open about it:

- Say what tool you used (e.g. ChatGPT)
- Say how it helped you (e.g. to get ideas or check grammar)
- Keep a screenshot or record of the AI chat
- Ask your tutor how to reference AI properly it depends on your course.

# **Staying Safe with AI**

When using AI tools, remember:

- O Don't share personal or college info
- Don't use college data without permission
- 📜 Check what the AI platform does with your data
- 👶 If you're under 18, you might need a parent or carer's permission to use some tools.

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Got questions or not sure how to use AI in your course? Talk to your tutor or contact the college Digital support team.

## **REMEMBER:**

AI is here to help you \*learn\* — not \*cheat\*. The best work is always your own!